

Best Years of Our Lives

Artist: Baha Men
 CD: Soundtrack to "SHREK"

Choreo: Bob Connor
 (w/Angela & Dave's two cents added)
 Orlando Cloggers

Starts after 16 beats

Intro: L R L R LR L R L R L
 DS DS(xif) DS pause S RS S(xib) R S(xib) R S(xib)

Repeat to right

A: L L L RL R
 DS Slide Slide RS Toe-Slide

L R L RL
 DS DS DS RS (TRIPLE)

R R L R L L R
 H (pause) S S(xib) S H (pause) S S(xib) (MACNAMARA)

R L R LR
 DS DS DS RS (TRIPLE)

Repeat on right foot

B: L R L R
 S S S S (Circle left 1-1/4, moving left)

L R L RL
 DS DS DS RS (TRIPLE)

L R R L L R L R
 DR S(xif) DR S(xif) DR S(xif) H H (DRUNKEN SAILOR)

L R LR LR
 DS DS RS RS (turn 1/4 left; to back) (FANCY DOUBLE)

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 L R L R
 S S S S (Circle left 1-1/4, moving left)

L R L RL
 DS DS DS RS (turn 1/4 left; to front) (TRIPLE)

Turn toes IN-OUT IN-OUT IN-OUT IN-OUT (4 Count BIRD-WALK)

R L R LR
 DS DS DS RS (backing up) (TRIPLE)

REPEAT A, B

C: L R L R L R
 DS DS(xif) Rock Rock Rock Rock (moving forward) (SNAKE)

L R R L
 DS D-Back (turning 1/2 right) ST KICK (HALF MICHAEL OR LOOP)

L RL RL RL
 DS RS RS RS (CHICKEN)

R L R LR
 DS DS DS RS (backing up) (TRIPLE)

Repeat on same foot

REPEAT A, B

D: LR LR LR LR
 RS RS RS RS (moving diagonally forward)

L R L R L R
 DS S(xif) S S S T-Slide (forward) (MOUNTAIN GOAT)

L R R L
 DS D-Back (turning 1/2 right) S KICK (HALF MICHAEL OR LOOP)

L R LR R L L
 DS D-down (xif) B-H B-H CHUG (BABY SWITCH)

LR LR LR LR
 RS RS RS RS (moving diagonally forward)

L R L R L R
 DS S(xif) S S S T-Slide (forward) (MOUNTAIN GOAT)

L R R L
 DS D-Back (turning 1/2 right) S KICK (HALF MICHAEL OR LOOP)

L Both
 DS HOP

L L R
 S - SWING SWING

REPEAT B, B**ENDING:** Omit last triple of B and insert 3 DS